

**COSACCS B Grade Open Saturday 26th & Sunday 27th September 2009**

Girls		50m Freestyle				50m Backstroke				50m Breaststroke				50m Butterfly								
	Age	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place					
Jessica Lockwood	11	36.26	35.18	PB	3	44.83	42.79	PB	4	/	/	/	/	46.25	42.54	PB	4					
Vicky Threlfall	12	36.97	36.43	PB	4	45.20	42.60	PB	3	52.38	51.29	PB	9	42.00	41.61	PB	1					
Boys		50m Freestyle				50m Backstroke				50m Breaststroke				50m Butterfly								
	Age	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place					
Adam Threlfall	13	32.09	32.08	PB	4	40.35	40.32	PB	5	45.01	41.80	PB	5	36.26	34.28	PB	4					
Girls		100m Freestyle				100m Backstroke				100m Breaststroke				100m Butterfly				100m IM				
	Age	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	
Jessica Lockwood	11	1:25.20	1:19.66	PB	2	/	/	/	/	1:42.91	1:38.64	PB	2	/	/	/	/	/	/	/	/	/
Vicky Threlfall	12	1:24.63	1:20.61	PB	4	1:48.58	PB	PB	5	2:01.46	1:53.30	PB	13	1:46.77	1:36.47	PB	5	1:36.87	1:32.94	PB	4	
Boys		100m Freestyle				100m Backstroke				100m Breaststroke				100m Butterfly				100m IM				
	Age	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	
Adam Threlfall	13	1:12.98	1:10.04	PB	3	1:29.72	1:26.64	PB	5	1:34.24	1:32.51	PB	6	1:18.40	1:21.56	*	3	1:22.87	1:20.69	PB	3	
Girls		200m Freestyle				200m Backstroke				200m Breaststroke				200m Butterfly				200m IM				
	Age	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	
Jessica Lockwood	11	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	3:19.00	3:11.68	PB	3	
Vicky Threlfall	12	3:05.73	2:58.12	PB	2	/	/	/	/	4:10.66	3:54.71	PB	9	5:09.60	3:42.01	PB	3	3:37.78	3:22.65	PB	4	
Boys		200m Freestyle				200m Backstroke				200m Breaststroke				200m Butterfly				200m IM				
	Age	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	C/pb	Time	PB	Place	
Adam Threlfall	13	2:38.39	2:31.25	PB	3	3:11.32	2:55.78	PB	3	3:28.05	3:16.43	PB	4	2:58.05	2:57.79	PB	3	2:57.60	2:54.10	PB	2	

**33 Races, 32 PB's! 30 Top six places x1 Gold x4 Silver x10 Bronze x9 4th placings x5 5th placings x1 6th placing**

