

Rotherham Metro Open meet, Ponds Forge. 23rd-24th May 2009.

50m																					
GIRLS		BACKSTROKE				BREASTSTROKE				BUTTERFLY				FREESTYLE							
	Age	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place				
Louise Ratcliffe	13													31.82	32.11						
Jessica Cross	13	35.31	36.24	*	*									31.00	30.71	pb					
Amber Jackson	14					42.63	43.17	*	*	34.23	34.85	*	*	30.88	30.84	pb					
BOYS		BACKSTROKE				BREASTSTROKE				BUTTERFLY				FREESTYLE							
	Age	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place				
Jamie Ingram	11									38.31	37.30	pb		33.36	34.38	*	*				
Sam Oates	13													31.19	31.20	*	*				
Dominic Bestwick	14	32.52	34.21	*	*					32.90	32.10	pb		27.43	27.84	*	*				
100m																					
GIRLS		BACKSTROKE				BREASTSTROKE				BUTTERFLY				FREESTYLE							
	Age	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place				
Louise Ratcliffe	13													1.08.84	1.08.33	pb					
Jessica Cross	13	1.17.02	1.19.56	*	*									1.08.57	1.08.15	pb					
Amber Jackson	14					1.31.74	1.36.50	*	*					1.08.27	1.10.28	*	*				
BOYS		BACKSTROKE				BREASTSTROKE				BUTTERFLY				FREESTYLE							
	Age	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place				
Sam Oates	13					1.27.66	1.32.42	*	*												
Dominic Bestwick	14	1.11.46	1.13.93	*	*									1.00.29	59.75	pb					
200m																					
GIRLS		BACKSTROKE				BREASTSTROKE				BUTTERFLY				FREESTYLE				200m IM			
	Age	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place
Louise Ratcliffe	13													2.29.15	2.30.06						
Jessica Cross	13	2.46.64	2.45.66	pb																	
BOYS		BACKSTROKE				BREASTSTROKE				BUTTERFLY				FREESTYLE				200m IM			
	Age	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place	Current PB	Time	PB	Place
Jamie Ingram	11																	3.02.75	3.03.20	*	*
Dominic Bestwick	14																	2.38.06	2.41.26	*	*

Well done to Jessica Cross who broke the Rascals club record for 200m Backstroke Age 14/15.