



# R.A.S.C.A.L.S.

RIPLEY AMATEUR SWIMMING CLUB AND LIFE SAVERS



## Open Meets

RASCALS swimmers regularly attend Open events throughout the year. The following is a list of Opens attended in the past, and which we would encourage swimmers to attend. We would anticipate that swimmers in Platinum, Gold, Silver, Bronze and Copper squads would benefit from attending some of the following:

When	Meet	Level	Location
End of January	Long Eaton	Level 3	Queens, Derby
March	Derbyshire Age Groups		Various
End of April	City of Derby	Level 2	Queens, Derby
May	Rykneld	B grade	Clay Cross
July	RASCALS	Junior B grade	Alfreton
September	COSACSS	B grade	Stoke
October	Belper Marlins	Level 4	Queens, Derby
December	Derbyshire Sprints		Ponds Forge, Sheffield
December	Chesterfield	Open	Chesterfield

The meets at Rykneld and Belper are particularly suitable for swimmers entering their first gala.

There are also a number of level 1 events, which are always held in a 50m pool. To enter these, the qualifying times will need to have been met at an 'official' meet:

When	Meet	Location
January	City of Derby	Ponds Forge, Sheffield
April	Derventio eXcel	Ponds Forge
October	Lincoln Vulcans	Ponds Forge

There is a complete list of Open events on the RASCALS website, and obviously you can enter others if you wish.

For more information, please speak to our Open Meet Coordinator, David Threlfall.



Affiliated Club

