



# CITY OF DERBY SWIMMING CLUB

Affiliated to ASA East Midland Region and Derbyshire ASA  
Under ASA Laws and ASA Technical Rules of Swimming  
at Queens Leisure Centre Derby

## Short Course Level 2 Licensed Open Meet 2010

**Saturday 24<sup>th</sup> April 2010**

**Session 1** Warm-Up 8:30am Start 9:30am

Evt	B/G	Description
1	Girls	9/10, 11/12, 13/14, 15/Over 100m I.M. HDW
2	Boys	10, 11/12, 13/14, 15/Over 100m Backstroke
3	Girls	10, 11/12, 13/14, 15/Over 100m Breaststroke
4	Boys	9/10, 11/12, 13/14, 15/Over 200m Fly HDW
5	Girls	9/Over 50m Backstroke HDW
6	Boys	9/Over 50m Breaststroke HDW
7	Girls	9/10, 11/12, 13/14, 15/Over 200m Free HDW
8	Boys	Final 10 years 100m Backstroke
9	Boys	Final 11/12 years 100m Backstroke
10	Boys	Final 13/14 years 100m Backstroke
11	Boys	Final 15/Over 100m Backstroke
12	Girls	Final 10 years 100m Breaststroke
13	Girls	Final 11/12 years 100m Breaststroke
14	Girls	Final 13/14 years 100m Breaststroke
15	Girls	Final 15/Over 100m Breaststroke

**Session 2** Session start times to be confirmed.  
(Estimated Warm-Up 2:00pm Start 3:00pm)

Evt	B/G	Description
16	Boys	9/10, 11/12, 13/14, 15/Over 200m I.M. HDW
17	Girls	10, 11/12, 13/14, 15/Over 100m Freestyle
18	Boys	10, 11/12, 13/14, 15/Over 100m Fly
19	Girls	9/10, 11/12, 13/14, 15/Over 200m Back HDW
20	Boys	9/Over 50m Freestyle HDW
21	Girls	9/Over 50m Fly HDW
22	Boys	9/10, 11/12, 13/14, 15/Over 200m Breast HDW
23	Girls	Final 10 years 100m Freestyle
24	Girls	Final 11/12 years 100m Freestyle
25	Girls	Final 13/14 years 100m Freestyle
26	Girls	Final 15/Over 100m Freestyle
27	Boys	Final 10 years 100m Fly
28	Boys	Final 11/12 years 100m Fly
29	Boys	Final 13/14 years 100m Fly
30	Boys	Final 15/Over 100m Fly

Estimated finish time 6:30 to 7pm

**Sunday 25<sup>th</sup> April 2010**

**Session 3** Warm-Up 8:30am Start 9:30am

Evt	B/G	Description
31	Girls	9/10, 11/12, 13/14, 15/Over 200m I.M. HDW
32	Boys	10, 11/12, 13/14, 15/Over 100m Breaststroke
33	Girls	10, 11/12, 13/14, 15/Over 100m Backstroke
34	Boys	9/10, 11/12, 13/14, 15/Over 200m Free HDW
35	Girls	9/Over 50m Breaststroke HDW
36	Boys	9/Over 50m Backstroke HDW
37	Girls	9/10, 11/12, 13/14, 15/Over 200m Fly HDW
38	Boys	Final 10 years 100m Breaststroke
39	Boys	Final 11/12 years 100m Breaststroke
40	Boys	Final 13/14 years 100m Breaststroke
41	Boys	Final 15/Over 100m Breaststroke
42	Girls	Final 10 years 100m Backstroke
43	Girls	Final 11/12 years 100m Backstroke
44	Girls	Final 13/14 years 100m Backstroke
45	Girls	Final 15/Over 100m Backstroke

**Session 4** Session start times to be confirmed.  
(Estimated Warm-Up 2:00pm Start 3:00pm)

Evt	B/G	Description
46	Boys	9/10, 11/12, 13/14, 15/Over 100m I.M. HDW
47	Girls	10, 11/12, 13/14, 15/Over 100m Fly
48	Boys	10, 11/12, 13/14, 15/Over 100m Freestyle
49	Girls	9/10, 11/12, 13/14, 15/Over 200m Breast HDW
50	Boys	9/Over 50m Fly HDW
51	Girls	9/Over 50m Freestyle HDW
52	Boys	9/10, 11/12, 13/14, 15/Over 200m Back HDW
53	Girls	Final 10 years 100m Fly
54	Girls	Final 11/12 years 100m Fly
55	Girls	Final 13/14 years 100m Fly
56	Girls	Final 15/Over 100m Fly
57	Boys	Final 10 years 100m Freestyle
58	Boys	Final 11/12 years 100m Freestyle
59	Boys	Final 13/14 years 100m Freestyle
60	Boys	Final 15/Over 100m Freestyle

Estimated finish time 6:30 to 7pm

Warm-up will be Girls followed by Boys for sessions 1 and 3 and Boys followed by Girls for sessions 2 and 4. Warm-up **must** be supervised by Coaches.

The promoters reserve the right to change the order of events within a session should this be necessary.

The start time of the later sessions on each day is **subject to change** (earlier or later) and will be confirmed with the return of entry information.