



Affiliated to ASA North East Region & Yorkshire SA

present their

# 22nd Annual 'B' Grade Open Meet

AT

**PONDS FORGE INTERNATIONAL POOL,  
SHEFFIELD**

**Saturday 27<sup>th</sup> November 2010**

**THIS EVENT IS LICENSED AT LEVEL 3 (3NE0385)**

**\*Age Groups: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs/Over\***

**\*Age as at 27th November 2010\***

**• 50M 10 LANE INTERNATIONAL DECK LEVEL POOL •**

**• AGES 10 & 11: 50M ALL FOUR STROKES •  
• AGES 12, 13, 14, 15+: 100M ALL FOUR STROKES, PLUS 50M FREE (UNGRADED) •**

**Closing Date: 31<sup>st</sup> October 2010**

**See attached Information Sheet for Full Details  
or visit:**

**[www.sheffieldswimming.org.uk](http://www.sheffieldswimming.org.uk)**



**SHEFFIELD CITY SWIMMING CLUB**  
(Affiliated to A.S.A. North East Region and Yorkshire SA)  
Presents under ASA Laws and ASA Technical Rules at the  
PONDS FORGE INTERNATIONAL POOL, SHEFFIELD



**22ND ANNUAL 'B' GRADE OPEN MEET**

**SATURDAY 27th NOVEMBER 2010**  
**THIS EVENT IS LICENSED AT LEVEL 3 (3NE0385)**

**SCHEDULE OF EVENTS**

**Session 1 (Estimated Duration = 3.5 Hours)**

Warm-up 0815, Cards 0830, Start 0930

Event 101/102 15+yrs Girls/Boys 100m Breast  
103/104 14yrs Girls/Boys 100m Back  
105/106 12yrs Girls/Boys 100m Breast  
107/108 11yrs Girls/Boys 50m Free  
109/110 10yrs Girls/Boys 50m Back  
111/112 13yrs Girls/Boys 100m Free  
113/114 15+yrs Girls/Boys 100m Back  
115/116 14yrs Girls/Boys 100m Breast  
117/118 11yrs Girls/Boys 50m Fly  
119/120 10yrs Girls/Boys 50m Breast  
121/122 13yrs Girls/Boys 100m Fly  
123/124 12yrs Girls/Boys 100m Back  
125/126 14yrs Girls/Boys 50m Free  
127/128 15+yrs Girls/Boys 50m Free

**Session 2 (Estimated Duration = 3.5 Hours)**

Warm-up 1315, Cards 1330, Start 1430

Event 201/202 13yrs Girls/Boys 100m Breast  
203/204 11yrs Girls/Boys 50m Back  
205/206 10yrs Girls/Boys 50m Fly  
207/208 12yrs Girls/Boys 100m Free  
209/210 15+yrs Girls/Boys 100m Fly  
211/212 14yrs Girls/Boys 100m Free  
213/214 13yrs Girls/Boys 100m Back  
215/216 11yrs Girls/Boys 50m Breast  
217/218 10yrs Girls/Boys 50m Free  
219/220 12yrs Girls/Boys 100m Fly  
221/222 15+yrs Girls/Boys 100m Free  
223/224 14yrs Girls/Boys 100m Fly  
225/226 13yrs Girls/Boys 50m Free  
227/228 12yrs Girls/Boys 50m Free

**MEET INFORMATION**

- 50m 10 Lane International Pool•
- Omega Electronic Timing with Full Display•
- Anti-turbulence Lane Ropes•
- Swim Shop•
- Cafeteria On Site•
- Ample Pay & Display Parking nearby•

Age Groups : 10yr, 11yr, 12yr, 13yr, 14yr, 15yr & Over  
Ages at **27th November 2010**

Length of Pool : 50m - Deck Level 10 Lane

*Entry times to be converted to 50m*

**Entry Fees £4.00 per individual entry**

**Closing date for entries: 31st October 2010**

**Spectator Admission**

All Day Pass Adult £5.00, Child and O.A.P. £2.00

Refund of £2.00 for adults and £1 for child/OAP if morning session only attended

All Day Programme £2

The promoters reserve the right to limit entries where necessary. Entries will be accepted on a first come, first served basis. Late entries will not be accepted. No on-the-day entries accepted, unless due to promoter's error. Over the top starts may be used.

All winners will be decided on a **Heat Declared** basis. Prizes will be awarded to the fastest six in each **individual** age group. Results sheets will be published during each session, price 20p per sheet.

**Coaches Passes**

Coaches Passes are available price **£8.00**, this includes **programme and results sheets**. Note: These passes do NOT include any food.

Cheques payable to **SHEFFIELD CITY S.C.**

Any conditions not covered by this information will be at the discretion of the promoters, **Sheffield City Swimming Club**.

Completed entry forms, together with the correct entry fees to be returned to:

Phil Johnson (SCSC), 55 Sheffield Road, Hackenthorpe, Sheffield, S12 4LR. Tel: 0114 251 0448

**Please enclose a large SAE (with enough postage) for return of cards.**

# Sheffield City Swimming Club – Open ‘B’ Grade Meet

## Saturday 27<sup>th</sup> November 2010

### Promoters' Conditions

1. The competition will be held under A.S.A Laws and A.S.A Technical Rules, and has been licensed at Level 3 (3NE0385) by the ASA for entry into County and District Championships and Competitions.
2. Consideration and Cut Off Times will be applied to each event. **No entries will be accepted with times faster than the Cut Off times.** No Awards will be made to swimmers whose performance times are faster than the above Cut Off times by **2.0 seconds** – however, they will receive a speeding ticket. No entries below consideration time will be accepted.
3. The Pool is 50m long x 10 lanes with electronic timing and scoreboard. No outdoor shoes to be worn on the poolside, but footwear must be worn in the spectator's gallery and outside the pool marshalling area. Anti-wave ropes will be used.
4. Team Managers or coaches are responsible for their swimmers throughout the Meet and must supervise the warm up of their swimmers. They are responsible for their good behaviour and whereabouts at all times. Please do not let competitors wander around the Ponds Forge Complex.
5. The age groups are as of 27<sup>th</sup> November 2010 – 10 years, 11 years, 12 years, 13 years, 14 years, 15 years and over. Swimmers are eligible to enter their own age group only.
6. All events will be heat declared winners. The heats will be arranged according to submitted entry times. It is the swimmers and clubs responsibility to assure that all swimmers' are entered in the correct age group. Poolside entries will not be accepted.
7. It is the responsibility of the swimmer to ensure his/her card is posted in the card box that will be placed outside the changing areas at least 60 minutes prior to the start of the session. Late cards will not be accepted.
8. Swimmers must report to the competitors stewards two events prior to their own.
9. Awards will be made to the first six swimmers in each age group in each event after taking account of the “cut-off time”. Swimmers who swim faster than the cut off times will be presented with a speeding ticket.
10. Awards will be available from the trophy desk during the sessions, after event results have been announced / posted. Top Club awards will be presented to the 3 clubs accumulating the most points. Points will be awarded on the basis of 1<sup>st</sup> – 6 points, 2<sup>nd</sup> – 5 points, 3<sup>rd</sup> – 4 points, 4<sup>th</sup> – 3 points, 5<sup>th</sup> – 2 points, 6<sup>th</sup> – 1 point. In the event of a tie, the number of 1<sup>st</sup> places etc. will decide the winner.
11. Full results will be placed on Sheffield City SC's website ([sheffieldswimming.org.uk](http://sheffieldswimming.org.uk)) as soon as possible after the meet. Individual event result sheets may be purchased, during the gala, at the admissions desk at 20p per sheet.
12. The referee's decision will be final on all matters relating to swimming and swimmer discipline.
13. The promoters take no responsibility for lost property. Lockers are provided in the changing rooms. There is a charge for car parking and space at the complex is limited. There are a number of long stay car parks nearby.
14. In line with the recommendation in the ASA Child Protection Policy, any person wishing to engage in video, zoom or close range photography (including mobile phones with a photographic facility) should register their details with staff at the spectator entry desk before carrying out any such photography. An authorization pass will be issued and must be worn at all times. Any person not complying will be asked to leave the pool complex.
15. Any matters not covered by these conditions shall be at the promoters' discretion if not covered by ASA Laws or Technical Rules.

Sheffield City Swimming Club  
22nd Annual 'B' Grade Open Meet



Meet Entry Qualification Times

November 27th 2010

AGES AS AT 27TH NOVEMBER 2010							EVENTS	ALL TIMES ARE LONG COURSE (50M)					
UPPER/LOWER LIMIT TIMES	BOYS							GIRLS					
	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs+		10yrs	11yrs	12yrs	13yrs	14yrs	15yrs+
Cut Off Time	39.0	36.5	None	None	None	None	50m Freestyle	38.5	36.0	None	None	None	None
<i>Consideration Time</i>	<i>55.0</i>	<i>53.0</i>	<i>48.0</i>	<i>43.0</i>	<i>39.0</i>	<i>37.0</i>		<i>56.0</i>	<i>50.0</i>	<i>48.0</i>	<i>46.0</i>	<i>41.0</i>	<i>39.0</i>
Cut Off Time			1.12.5	1.08.8	1.05.0	1.00.0	100m Freestyle			1.13.5	1.10.0	1.07.0	1.05.0
<i>Consideration Time</i>			<i>1.38.5</i>	<i>1.26.0</i>	<i>1.24.0</i>	<i>1.18.0</i>				<i>1.42.0</i>	<i>1.38.0</i>	<i>1.30.0</i>	<i>1.28.0</i>
Cut Off Time	44.0	40.0					50m Butterfly	43.0	39.5				
<i>Consideration Time</i>	<i>58.0</i>	<i>56.0</i>						<i>1.05.0</i>	<i>1.00.0</i>				
Cut Off Time			1.21.0	1.14.5	1.11.5	1.07.0	100m Butterfly			1.20.5	1.16.0	1.15.5	1.13.5
<i>Consideration Time</i>			<i>1.48.0</i>	<i>1.39.0</i>	<i>1.35.0</i>	<i>1.30.0</i>				<i>1.49.0</i>	<i>1.42.0</i>	<i>1.40.0</i>	<i>1.38.0</i>
Cut Off Time	51.0	46.5					50m Breaststroke	50.0	46.0				
<i>Consideration Time</i>	<i>1.05.0</i>	<i>1.01.0</i>						<i>1.08.0</i>	<i>1.05.0</i>				
Cut Off Time			1.33.5	1.27.0	1.22.5	1.18.0	100m Breaststroke			1.33.0	1.28.0	1.27.0	1.24.0
<i>Consideration Time</i>			<i>1.55.0</i>	<i>1.50.0</i>	<i>1.45.0</i>	<i>1.40.0</i>				<i>2.00.0</i>	<i>1.55.0</i>	<i>1.50.0</i>	<i>1.47.0</i>
Cut Off Time	44.8	41.5					50m Backstroke	44.5	41.4				
<i>Consideration Time</i>	<i>1.01.0</i>	<i>57.0</i>						<i>1.00.0</i>	<i>56.0</i>				
Cut Off Time			1.22.4	1.17.5	1.13.0	1.09.5	100m Backstroke			1.22.1	1.19.0	1.17.0	1.15.0
<i>Consideration Time</i>			<i>1.50.0</i>	<i>1.44.0</i>	<i>1.40.0</i>	<i>1.35.0</i>				<i>1.50.0</i>	<i>1.48.0</i>	<i>1.45.0</i>	<i>1.38.0</i>

**Acceptance of Entries:** Consideration and Cut Off Times will be applied to each event. No entries will be accepted with times faster than the Cut Off times. No Awards will be made to swimmers whose performance times are faster than the above Cut Off times by 2.0 seconds – however, they will receive a speeding ticket. No entries will be accepted below Consideration Times.

**50m Freestyle Cut Off Times:** Please note that there are no Cut Off times for the 12yrs, 13yrs, 14yrs and 15yrs+ age groups in the 50m Freestyle event.



# SHEFFIELD CITY SWIMMING CLUB

## B GRADE 2010 OPEN MEET ENTRY FORM



### BOYS / GIRLS

Please use **SEPARATE** entry forms for boys and girls. Delete as appropriate

NAME	NEW ASA REGISTRATION NUMBER	D.O.B	FREE					BREAST	BACK	FLY	FREE	BREAST	BACK	FLY	No. OF ENTRIES	VALUE £
			12 years and Over ONLY					10 and 11 years old ONLY								
			1 50m	2 100m	3 100m	4 100m	5 100m	6 50m	7 50m	8 50m	9 50m					
CLUB:										TOTAL NUMBER OF ENTRIES @ <b>£4-00</b> per entry					£	
NAME and ADDRESS: for CARD RETURN : (Please enclose a <b>Large S.A.E.</b> )										COACHES PASSES @ £8 Including Programme & Results					£	
TELEPHONE No./ EMAIL ADDRESS:										TOTAL VALUE ENCLOSED Cheques payable to Sheffield City <b>S.C.</b>					£	
NOTE: PLEASE USE <b>SEPARATE</b> ENTRY FORMS FOR BOYS AND GIRLS. PHOTOCOPIES ARE ACCEPTABLE. PLEASE SUBMIT A TIME FOR EACH EVENT ENTERED															£	

Please return entry forms to: Phil Johnson (SCSC), 55 Sheffield Road, Hackenthorpe, Sheffield. S12 4LR

ENTRY BG 2010