

Medical & Injury Management Policy

(September 2026)

This policy outlines the procedure to follow when a Member sustains an injury during any Ripley Rascals Swimming Club training session or activity. It applies to both the Main Pool and Small Pool and is designed to ensure the safety and wellbeing of all Members in line with Swim England *Wavepower* v2.1 (May 2025) and SwimMark requirements.

Immediate Response to Injuries During Training

If a Member sustains an injury during a session, the Coach/Teacher must take initial responsibility for managing the situation:

1. **Ask the Member to exit the pool**, if they are able to do so safely.
2. **Speak with the Member** to understand the nature and severity of the injury.
3. **Allow a short period out of the water** to assess whether the injury settles (e.g., cramp or minor discomfort).

If any of the above steps are not possible, or if the injury appears more serious:

- **Alert the Lifeguard immediately.**
- Leisure Centre Staff will take over and follow their emergency procedures.
- If an ambulance is required, the **Member must not return to training**, and the Parent/Guardian must be informed **immediately** by a Coach/Teacher, Welfare Officer or Committee Member.

Recording the Incident

All injuries must be recorded promptly and accurately:

- The incident must be entered into the Ripley Rascals Incident Book, located in the Club safes at Ripley and Alfreton Leisure Centres.
- The incident must also be recorded in the Leisure Centre Accident Book at the time of the incident or as soon as possible afterwards.
- Notification of the incident, including where it has been recorded, must be provided to the Welfare Officer or Chair as soon as possible.

If the incident occurs away from Leisure Centres:

- A temporary written record must be made immediately.
- This must later be transferred to the Club's Incident Book or emailed to the Welfare Officer.

All records must be stored securely and handled in accordance with *Wavepower* v2.1 (May 2025) data-protection requirements.

Medical & Injury Management Policy continued

Supervision & Session Cover

If a Coach/Teacher is required to leave the poolside to deal with an injured Member:

- Appropriate supervision must be maintained for the remainder of the group.
- Cover must be provided in accordance with Wavepower v2.1, Swim England supervision ratios, and SwimMark standards.
- If adequate cover cannot be provided, the session must be paused or stopped to ensure Member safety.

Safeguarding Considerations

All injury management must prioritise the safety and wellbeing of the child. Coaches/Teachers must ensure:

- The Member is never left unsupervised while injured.
- Communication with Parents/Guardians is prompt, clear and appropriate.
- Any safeguarding concerns arising from the incident are reported following *Wavepower v2.1 (May 2025)* procedures.