



R.A.S.C.A.L.S.
RIPLEY AMATEUR SWIMMING CLUB AND LIFE SAVERS
www.ripleyrascals.org.uk

SwimMark
ESSENTIAL CLUB

Affiliated to Swim England East Midland Region and Derbyshire ASA

Licence Number: 3EM240027

RASCALS 51st Anniversary Open Meet

<https://www.ripleyrascals.org.uk/rascalsopen>

Sunday 7th January 2024
Arc Leisure Matlock
Bakewell Road, Matlock, Derbyshire, DE4 3AZ

Events for all ages 9yrs & Over:

50m: Butterfly, Backstroke, Breaststroke & Freestyle
**100m: Butterfly, Backstroke, Breaststroke,
Freestyle & Individual Medley**
200m: Backstroke, Breaststroke, Freestyle & Individual Medley

** 8 lane, 25m swimming pool with Daktronics Electronic Timing **

** All events Heat Declared Winner (HDW) **

** The fastest 6 swimmers in each age category will receive an award **

** Age on Day of Meet (9, 10, 11, 12, 13, 14 & 15+) **

** Closing Date: Friday 15th December 2023 **

** One of the last chances to gain or improve 2024 County qualifying times **





Schedule of Events

Session One:

Sunday 7th January 2024

Warm Up: 8.30am, Start: 9.30am

101. Open/Boys 200m Freestyle
102. Girls 200m Individual Medley
103. Open/Boys 100m Backstroke
104. Girls 100m Breaststroke
105. Open/Boys 50m Butterfly
106. Girls 50m Backstroke
107. Open/Boys 200m Backstroke
108. Girls 200m Breaststroke
109. Open/Boys 100m Freestyle
110. Girls 100m Butterfly
111. Open/Boys 50m Breaststroke
112. Girls 50m Freestyle
113. Open/Boys 100m Individual Medley

Session Two:

Sunday 7th January 2024

Warm Up: 1.00pm, Start: 2.00pm (To Be Confirmed)

201. Girls 200m Freestyle
202. Open/Boys 200m Individual Medley
203. Girls 100m Backstroke
204. Open/Boys 100m Breaststroke
205. Girls 50m Butterfly
206. Open/Boys 50m Backstroke
207. Girls 200m Backstroke
208. Open/Boys 200m Breaststroke
209. Girls 100m Freestyle
210. Open/Boys 100m Butterfly
211. Girls 50m Breaststroke
212. Open/Boys 50m Freestyle
213. Girls 100m Individual Medley





Meet Rules and Information

1. The competition will be held under Swim England Regulations and Technical Rules of Swimming.
2. Age groups are based on ages at 07/01/2024 (9yrs must be 9 by 07/01/2024).
3. Officials will be from the County and Regional lists as applicable.
4. Application for entry must have been correctly submitted by the specified date and accepted by the Promoter. The Promoter reserves the right to reject any entry or to limit the number of entries to the event. This will be done on a first come first served basis. Entry times of swimmers should not be faster than the upper limit time (ULT).
5. The event will be licensed at level 3 (3EM240027).
6. Heats will be arranged according to submitted entry times. All swimmers must submit a time for all events they wish to enter.
7. All starts will be into deep water. A secondary start strobe will be available if requested at the time of entry.
8. Over the top and side by side starts may be used at the Promoter's discretion.
9. All events are Heat Declared Winners.
10. The fastest 6 swimmers in each age category, will receive an award. Swimmers exceeding the ULT by greater than two seconds will receive a special certificate award.
11. Age group for awards are: 9, 10, 11, 12, 13, 14 and 15+.
12. The girls category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the girls category, a swimmer confirms their birth sex is female.
13. Entry cards will not be in use for this meet. Any withdrawals from the event should be made before the warm up of the session in which the event takes place. Withdrawals before the day should be made by e-mail to: openentries@ripleyrascals.org.uk . Withdrawals on the day should be made in person at the records desk.
14. Awards will be available for collection throughout the day.



15. Entry Fee is £7.00 per event.
16. Poolside Passes are £15.00 each (this includes a full start list, poolside access and lunch). Passes are limited to: 1-10 entrants max 2 passes, 11-20 entrants max 3 passes, 21+ max 4 passes (if considerably higher entrant numbers please enquire).
17. Spectator admission is £10 all day, £5 single session, 8 years & under free.
18. Entry Procedure: no entry will be accepted unless the correct fee is enclosed.

CLOSING DATE FOR ENTRIES IS **Friday 15th December 2023** or earlier if the meet is declared full. Late entry will not be accepted.

No refunds will be made for the cancellation of accepted entries after the closing date/ meet is declared full.

It is preferred that entries are sent via email and payment via bank transfer.

Email: openentries@ripleyrascals.org.uk

Bank Details: Sort Code: 30-96-26, Account Number: 35864368,

Reference: [swimmer name] Jan Meet 24

All entries should be accompanied with either a completed entry form (individual entries) or Summary Form and Sportsystems Entries Report (club entries).

Paper entries will also be accepted and should be sent to:

RASCALS Open Entries

61 Saxelby Close

Riddings, Alfreton

Derbyshire

DE55 4DX

With cheques made payable to RASCALS.

Where possible, entries will be acknowledged via email.

19. Only swimmers, officials and coaches with passes will be allowed on the poolside.
20. The small pool will be out of bounds throughout the day. All swimmers must abide by this and the other health and safety rules that are displayed on poolside. No glass on poolside. Large bags, chairs and food should not be taken onto poolside; the sports hall is available for this purpose. Shoes must be worn in all other areas of the leisure centre.



21. Coaches/Team Managers are responsible for the good behaviour and whereabouts of their swimmers at all times.
22. We request that clubs try to provide at least 1 official for every 10 swimmers. Please email the promoter with names and qualifications. Thank you in advance for your support with this. We can also offer training opportunities for officials as required.
23. Anything not covered within the above will be at the discretion of the Promoters, RASCALS.
24. GDPR notice: -

By entering this competition, participants agree that we may publish their personal information as part of the results of the event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category.

25. COVID notice: -

This event will be run in accordance with the latest Swim England, Government and Leisure Centre guidance in relation to Covid protocols. As such the promoter reserves the right to make any changes as are needed to the programme and/ or to restrict entry numbers at any time due to any such conditions enforced upon the event by the above specified bodies.

Once the closing date for entries has passed, we will consider claims for a refund from any swimmer unable to participate due to their own Covid circumstance on a case by case basis. Should the meet be fully cancelled due to Covid, a full refund of entry fees only will be made to the club under which you enter.





Entry Form

RASCALS 51st ANNIVERSARY OPEN MEET SUNDAY 7th JANUARY 2024

**** CLOSING DATE: FRIDAY 15th DECEMBER 2023 ****

Swim England Registration Number:			
Full Name:			
DOB:		Age on 07/01/2024:	
Open / Boys or Girls (delete as appropriate)			
Club:			
Contact E-mail Address:			
Event	50m Time	100m Time	200m Time
Freestyle			
Backstroke			
Breaststroke			
Butterfly			
IM			

Events Entered _____ x £7.00 per event = £ _____

Please send completed forms to openentries@ripleyrascals.org.uk and monies to:

Sort Code: 30-96-26

Account Number: 35864368

Reference: [swimmer name] Jan Meet 24

Or paperwork and cheque (payable to RASCALS) to:

RASCALS Open Entries,

61 Saxelby Close, Riddings, Alfreton, Derbyshire, DE55 4DX.

Signed _____ Date _____

If you have any officials willing to assist on the day, please e-mail: openentries@ripleyrascals.org.uk





Upper Limit 'Cut Off' Times

Entries must be equal to or slower than the upper limit times published below.

Open / Boys							Event	Girls						
9yr	10yr	11yr	12yr	13yr	14yr	15/ over		9yr	10yr	11yr	12yr	13yr	14yr	15/ over
ULT	ULT	ULT	ULT	ULT	ULT	ULT		ULT	ULT	ULT	ULT	ULT	ULT	ULT
33.6	31.1	29.6	27.9	26.6	25.6	25.0	50 Fr	33.9	31.4	30.0	29.6	28.9	28.5	28.0
1.10.9	1.07.8	1.01.3	1.00.3	57.1	55.4	55.0	100 Fr	1.13.2	1.09.0	1.03.5	1.02.5	1.01.8	1.00.9	1.00.0
2.41.4	2.26.1	2.11.0	2.11.0	2.04.2	2.00.1	1.57.0	200 Fr	2.43.0	2.26.5	2.14.0	2.14.0	2.09.8	2.08.0	2.07.0
44.4	41.0	38.5	36.1	33.8	32.5	32.0	50 Brst	45.0	41.0	38.5	36.4	35.2	34.5	34.0
1.34.9	1.29.3	1.18.1	1.18.1	1.13.0	1.10.6	1.10.0	100 Brst	1.35.5	1.29.6	1.19.5	1.19.5	1.16.7	1.15.5	1.14.0
3.17.0	3.05.3	3.00.4	2.50.7	2.42.6	2.33.5	2.25.0	200 Brst	3.20.0	3.06.4	3.02.0	2.54.3	2.45.1	2.40.4	2.35.0
39.1	36.0	34.1	32.3	30.4	29.4	29.0	50 Bc	39.2	35.9	34.0	32.5	31.6	31.3	31.0
1.26.1	1.18.3	1.08.7	1.08.7	1.04.7	1.02.2	1.01.0	100 Bc	1.26.0	1.18.1	1.09.7	1.09.7	1.07.5	1.06.3	1.05.0
2.56.3	2.40.9	2.34.2	2.22.8	2.14.3	2.09.5	2.05.0	200 Bc	2.58.3	2.44.5	2.38.9	2.29.2	2.18.6	2.15.6	2.11.0
38.3	34.9	32.8	31.1	29.3	28.1	27.0	50 Fly	38.7	34.8	33.1	31.4	30.5	29.9	29.0
1.27.3	1.19.6	1.08.7	1.08.7	1.04.0	1.01.5	1.00.0	100 Fly	1.27.0	1.19.3	1.09.8	1.09.8	1.07.4	1.06.1	1.05.0
1.28.6	1.20.0	1.09.5	1.09.0	1.06.5	1.03.2	1.01.0	100 IM	1.28.3	1.19.7	1.10.7	1.10.7	1.08.0	1.06.8	1.06.0
3.03.6	2.48.1	2.29.5	2.29.5	2.21.4	2.16.7	2.10.0	200 IM	3.05.1	2.47.4	2.31.6	2.31.6	2.27.3	2.25.0	2.22.0



Poolside Pass Request Form

At a cost of £15.00 each,
Poolside Passes include entry to poolside, a full start list and lunch.

Club:	
Number of Passes required:	
Number of Swimmers:	
Name:	
Contact Details	

Please return form and payment to:

openentries@ripleyrascals.org.uk

Bank Transfer Details:

Sort Code: 30-96-26

Account Number: 35864368

Reference: [club name] Jan Meet 24

Or:

Paperwork and cheques (made payable to RASCALS)

RASCALS Open Entries,

61 Saxelby Close, Riddings, Alfreton, Derbyshire, DE55 4DX





Entry Summary Form

(To be filled in when submitting electronic entry,
along with the Poolside Pass Request Form)

Club

Contact Name

Telephone Number

Email Address

Individual Open / Boys Entries: @ £7.00 each Sub Total

Individual Girls Entries: @ £7.00 each Sub Total

Poolside Passes:..... @ £15.00 each Sub Total

Total Amount Enclosed: £

Please return form and payment to:

openentries@ripleyrascals.org.uk

Bank Transfer Details:

Sort Code: 30-96-26

Account Number: 35864368

Reference: [club name] Jan Meet 24

Or:

Paperwork and cheques (made payable to RASCALS)

RASCALS Open Entries,

61 Saxelby Close, Riddings, Alfreton, Derbyshire, DE55 4DX.

If you have any officials willing to help, please e-mail

openentries@ripleyrascals.org.uk

