



R.A.S.C.A.L.S.

RIPLEY AMATEUR SWIMMING CLUB AND LIFE SAVERS



RASCALS Policy on Pre-Existing Injuries/Conditions (June 2020)

This Policy relates to pre-existing injuries and/or conditions
Notification Form

Name of Member

Name of Parent/Guardian of Member (if applicable)

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Description of Injury/Condition

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Brief details of any restrictions on Member's participation in training session caused by
injury/conditions

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I confirm the above is fit to take part in the training session subject to any restrictions noted above.

I confirm I will remain at poolside throughout the session.

OR (subject to consent of the Head Coach)

I confirm I will return to the session to collect the Member within 20 minutes of being contacted
on the following number

SignedParent/Guardian Dated

Signed.....Member of Coaching/Teaching Team